

Information about Allergens!

Key: ✓ = Contains

																
		Wheat	Oats	Crustaceans	Molluscs	Eggs	Fish	Soya	Milk	Celery & Celeriac	Mustard	Sesame	Lupin	Sulphur Dioxide & Sulphites	Peanuts	Nuts
Starters	Melon bowl															
	Salt and pepper chicken wings	✓														
Main courses	Fish and chips - fillet of haddock in batter	✓				✓	✓	✓	✓							
	Chinese chicken curry with rice and prawn crackers	✓		✓							✓			✓		
	Beef pie	✓				✓				✓						
	Beef pie (without the pie lid)					✓				✓						
	Macaroni made with Orkney smoked cheese	✓							✓							
	Mashed potatoes								✓							
Baked potatoes	Baked jacket potato															
	Tuna					✓	✓									
	Cheese								✓							
	Coleslaw					✓										
	Baked beans															
From the grill	Beef burger, brioche bun, chips and salad	✓				✓			✓		✓					
	Beef burger, cheese / bacon, brioche bun, chips, salad	✓				✓			✓		✓					
	Southern fried chicken burger, brioche bun, chips, salad	✓				✓		✓	✓	✓						
	Crispy vegetable burger, brioche bun, chips and salad	✓				✓			✓							
Children's menu	Fresh fish goujons	✓				✓	✓	✓	✓							
	Macaroni made with Orkney smoked cheese	✓							✓							
	Battered chicken goujons	✓														
	Walls Calippo															
Desserts	Orkney ice cream					✓			✓							
	Lotus Biscoff Belgian waffles with Orkney ice cream	✓				✓		✓	✓							
Paninis	Cheese and ham panini	✓							✓							
	Cheese and tomato panini	✓							✓							
	Cajun chicken and cheese panini	✓							✓							
Breakfast	Sausage	✓						✓						✓		
	Quorn sausages	✓														
	Bacon															
	Fried egg					✓										
	Scrambled egg					✓			✓							
	Black pudding	✓						✓								
	Potato scones	✓														
	Mushrooms															
	Porridge	✓							✓							
	Baked beans															
	Toast and butter	✓							✓							
	Boiled eggs					✓										
	Cheese								✓					✓		
	Garlic sausage									✓						
	Salami															
	Cooked ham								✓							
	Croissant	✓				✓			✓							
	Danish pastry	✓				✓		✓	✓					✓		
	Dried fruit													✓		
	Morning rolls	✓						✓								

Food allergies or intolerances? Our staff are trained and ready to inform you on the ingredients contained in our food and drinks offer.

Our food and beverages are produced in an environment where all 14 declarable allergens are handled, and as such, unintended cross contact of allergens cannot be entirely prevented. We therefore **cannot guarantee any item is allergen free**. Please speak to a member of staff if you have food allergies or intolerances before you order.